

Pace Runners

Official pace runners run with participants and assist them with their time goals.

Pace Times (planned)

- (1) 3hrs
- (2) 3hrs 30mins
- (3) 4hrs
- (4) 4hrs 30mins
- (5) 5hrs
- (6) 6hrs



Notice

The pace time above is set up from the starting gun (gross time).